

USING THE FEATURES IN OUR DIARIES

A step-by-step guide

Read through this week's BCR good habit.
Plan how you will practise the habit.



Courtesy

What is it?

Courtesy is to treat people and things with good humoured politeness and consideration. It means to think not only about yourself but what will be convenient and pleasant for those around you. Far from being fake politeness, courtesy comes from a sincere desire to make others comfortable and to smooth over awkwardness, inconvenience and minor conflicts.

What does it look like?

Courtesy could mean opening the door for a teacher, letting a fellow student get to their locker first or waiting until last to dish up dinner. It seems like humility and requires thoughtfulness, so that out of a realistic perspective of your place in the world, you are willing to put the good of others above your own, even if it inconveniences you.

Why do we need it?

Being courteous is what keeps a school, home or workplace running smoothly. If everyone rushed to be first in line, there would be a squabble and maybe even injury. If everyone only thinks of themselves, then you only have one person looking out for you. We feel more content considering others and safer knowing that others are thinking about what's best for us.

LET'S ASK OURSELVES

- 1 How many people do I think about when I make decisions?
- 2 Is it worth inconveniencing myself to make someone else's life easier? Why/why not?
- 3 What is an area where I haven't been very courteous lately? How can I change that?

Note down school events and reminders

"You cannot do a kindness too soon because you never know how soon it will be too late." - Ralph Waldo Emerson

School Events & Reminders

Tasks Due

Monday 11
Labour Day (Fri) Afternoon (SA)
Crestview Day (Sat), Ridgetown Day (Tue)

Tuesday 12

Wednesday 13

Thursday 14

Saturday 16

Sunday 17

Consider these reflection questions and respond either in writing or in conversation with your friends/classmates.

Consider your top four non-negotiable priorities and note them here

THIS WEEK'S TOP 4 PRIORITIES

1 2 3 4

Subject Homework/Tasks & Assignments Due

Monday 11

Tuesday 12

Wednesday 13

Thursday 14

Friday 15

Saturday 16

Sunday 17

Monday 18

Tuesday 19

Wednesday 20

Thursday 21

Friday 22

Saturday 23

Sunday 24

Monday 25

Tuesday 26

Wednesday 27

Thursday 28

Friday 29

Saturday 30

Sunday 31

Record all tasks, homework, and assignments here. Include the subject name and due date

Write down the tasks due each day

Include your extra-curricular activities and study/revision times here

Parent/teacher communication notes go here. Please refer to school policy regarding communication

Parent/Teacher Home-School Communication

Diary Check

Parents/Guardians

Teacher

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