

USING THE FEATURES IN OUR DIARIES

A step-by-step guide for StudyTrek

November

Note down school events and reminders

Write down the tasks due each day

Parent/teacher communication notes go here. Please refer to school policy regarding communication

BrainTeaser
Five Mouse Race
Five mice - Mindy, Marty, Moriel, Mabel, and Mike - were nibbling the cheese on the kitchen table, but Whiskers the Cat chased them back into their hole. Moriel Mouse made it back first, and Mike Mouse was fourth. Mabel Mouse was after Mike, and Marty Mouse was not second. Which mouse was first, and which was last?

Record all tasks, homework, and assignments here. Include the subject name and due date

Good Habits Tracker

Sincerity

Thursday 7

Friday 8

Include your extra-curricular activities and study/revision times here

Read through this week's BCR good habit.
Plan how you will practise the habit.

Sincerity

Sincerity means being honest and acting out of a pure heart. Sincerity is the opposite of mockery and sarcasm and looks to speak and act honestly and in a way that does good instead of harm to other people.

For example: Jonah likes his friend's costume for dress-up day. He gives him a sincere compliment, simply intended to make him feel good.

Let's think about it...

1. How often are you sarcastic? How do you feel when others are sarcastic with you?

2. What is a way you can show sincere appreciation to your teacher today?

Consider these reflection questions and respond either in writing or in conversation with your friends/classmates.