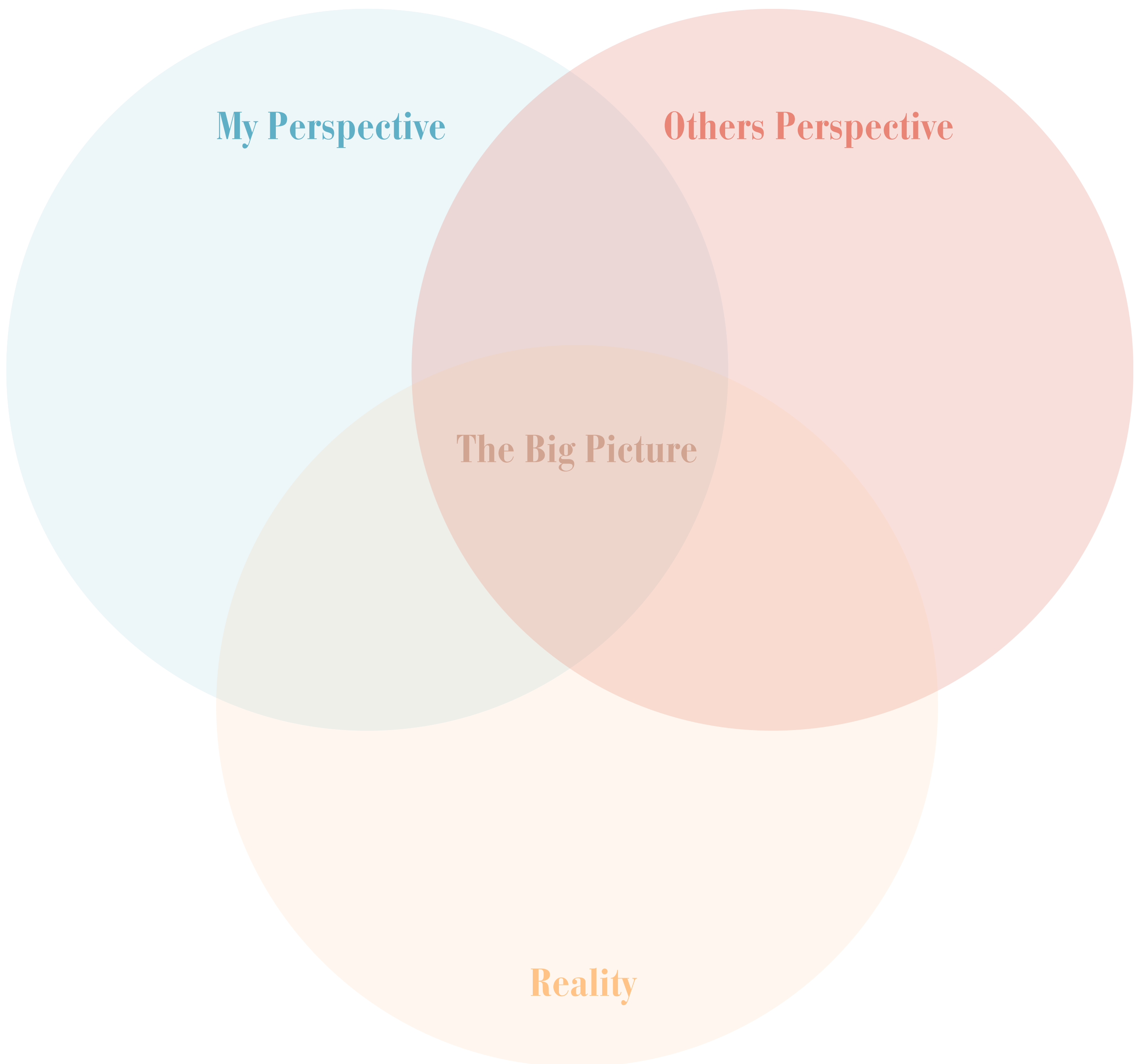


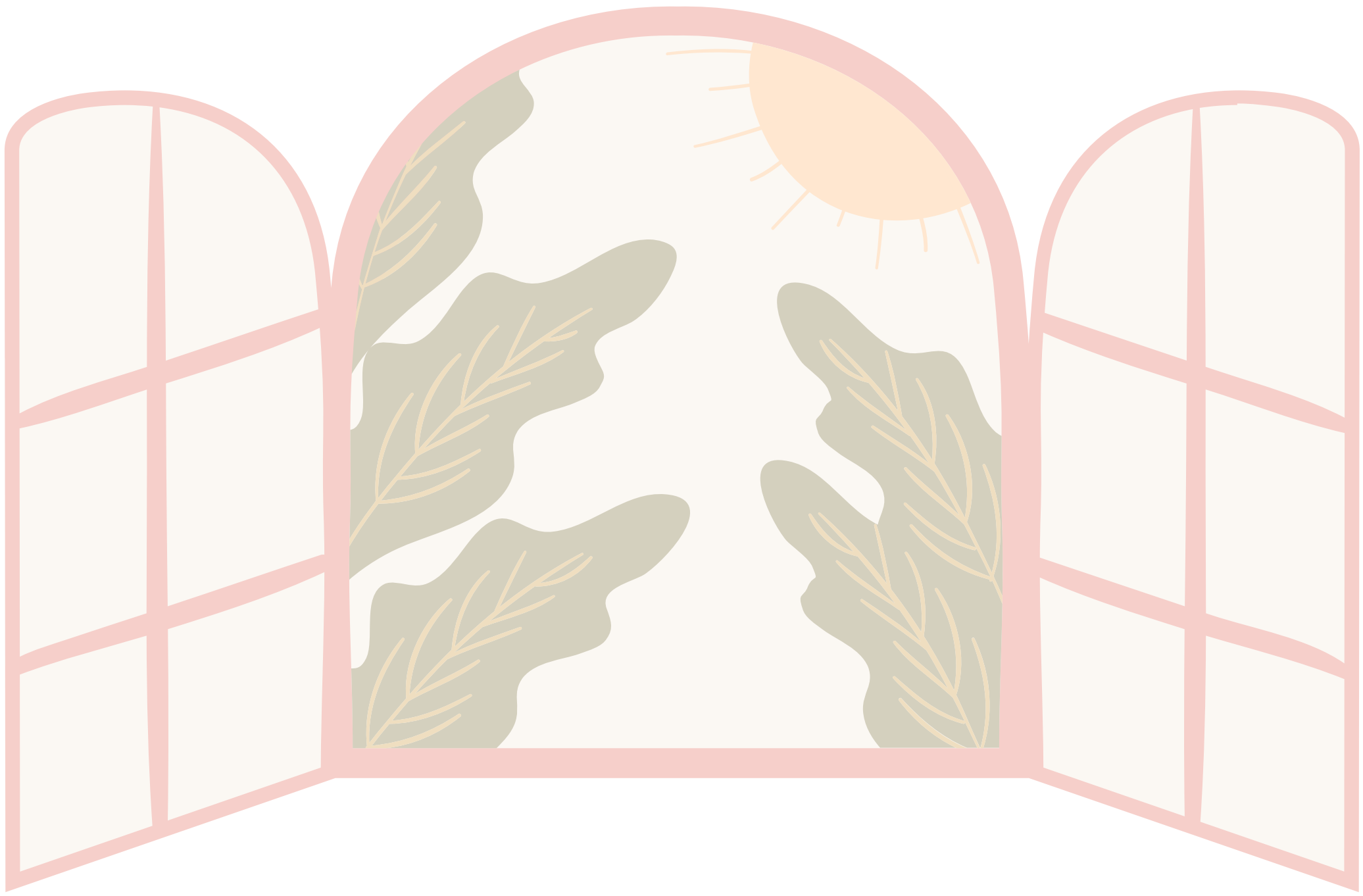
Perspective

Reflect on different beliefs and attitudes in your life. How do they contribute to the big picture?



Empathy begins with understanding life from another person's perspective. Nobody has an objective experience of reality. It's all through our own individual prisms.

Sterling K. Brown



Sometimes we should take time to reflect, step back, research and discern the different situations in our lives.

How will you practise the positive habit of perspective in your life?

Is there an area in your life where you need perspective?
